



# GOODCITIZEN CHALLENGE

Open to all K-8 students

# 2023 SCORECARD



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**C**omplete the Challenge by September 4, 2023, for a chance to win a \$100 gift card to Phoenix Books and a FREE trip for two to Washington, D.C., from Milne Travel!

All who finish the Challenge will receive a Good Citizen sticker and patch, a pocket-size U.S. Constitution, and an invitation to a VIP reception at the Vermont Statehouse this fall.

## INSTRUCTIONS

1. Complete a horizontal, vertical or diagonal row of five activities (details next page).
2. Mark each completed box and snap a photo of each activity to show evidence of your work.
3. Upload a photo of your completed scorecard, and evidence of your work, at [goodcitizenvt.com](http://goodcitizenvt.com). Or mail the scorecard and evidence, along with your name and contact info, to: Seven Days/Kids VT, Attn: Good Citizen, PO Box 1164, Burlington, VT 05402-1164.

NO PURCHASE NECESSARY TO WIN. PARTICIPANTS MUST BE 15 OR YOUNGER AND LIVE IN VERMONT TO BE ELIGIBLE FOR GRAND PRIZE.



ENTER BY SEPTEMBER 4, 2023, FOR PRIZE ELIGIBILITY

SEE INSTRUCTIONS AND SUBMIT YOUR ENTRIES AT:  
**GOODCITIZENVT.COM**

Got questions? Contact us at [goodcitizen@sevendaysvt.com](mailto:goodcitizen@sevendaysvt.com) or 802-865-1020, ext. 114.

★ **Visit Your Local Library! (center square):** Borrow something and return it on time. Tell us what it was and why you chose it.

- Remember This:** Public memorials commemorate people and events a community wants everyone to remember. Visit a memorial near where you live and find out who it honors and why. Tell us which one you picked and what you learned about it.
- "Freedom and Unity":** Create a piece of art explaining what Vermont's motto, "Freedom and Unity," means to you. It could be a drawing, a collage, a song, a poem, a sculpture, a video, a mural — whatever you like!
- Clean Up:** Spend at least 15 minutes picking up litter in a public park or playground. Send a photo of the stuff you picked up and threw away. Don't forget to wear gloves!
- Get Together:** Participate in a community event: Go to a festival, parade, concert or other gathering in your city or town. Who put it on and why? Who paid for it? Find out and write them a thank-you note telling them what you liked about it. Share the note with us.
- Pitching In:** Talk with someone who volunteers with an organization in your community. Where do they volunteer? How much time do they spend volunteering? Why did they get involved? How does volunteering make them feel? Tell us what you learned.
- Who Turned on the Lights?:** When did your city or town get electricity? Who was responsible for making it happen? Ask your librarian, local historical society or your power company for help investigating. Tell us what you learned.
- Connect With Neighbors:** Join your neighborhood's free Front Porch Forum — or, if you're under 14, have an adult in your household subscribe — and contribute a post sharing something

you've learned about your community doing the Good Citizen Challenge.

- Stay Safe:** Visit your local fire department or talk with a fire-fighter or rescue squad member. How long have they been doing this work? Why did they join the fire department or rescue squad? Who pays for their equipment and training? How can you help them keep your community or family safe? Tell us what you learned.
- See the Spot:** Visit a state historical marker. Tell us which one you picked and draw a picture to show us your interpretation of the person, place or event it depicts.
- Read the Paper:** Read a whole issue of your local community newspaper, in print or online. Don't have a copy? Look for it at the library.
- Think Globally:** Do something to learn about or help a community far away. For example: Watch a documentary, or attend a vigil, rally or event about a global issue such as climate change or war.
- Shop Local:** Pick a business in your community that you and your family go to often, and fill out a comment card or leave a positive review online to show your support. Share your comments with us.
- Blast From the Past:** Listen to or watch a local history program, such as "Before Your Time," a podcast from the Vermont Historical Society and Vermont Humanities, or watch a local history documentary. What did you watch or listen to, and what did you learn?
- Organize Support:** Gather donations for a local nonprofit or charity of your choice by encouraging friends, neighbors or family members to contribute. Expand your impact by using Front Porch Forum to seek donations or promote your campaign. Tell us which charity you chose and why, who contributed, and how much you raised.
- Room Where it Happens:** Visit your town or city hall. Find the room where city or town council meetings happen. Tell us about the room. What's on the walls? How are the chairs arranged? Why do you think it's set up this way?
- Watch the News:** Watch the local news on TV, or the latest episode of "Vermont This Week" on Vermont Public. Tell us which station and program you chose and what you learned.
- Oldest Building:** What's the oldest building in your city or town? Who built it? How long has it been there? Ask your librarian or local historical society for help. Send us a picture or drawing of the building.
- Museum Piece:** Pick an object in your life that could be part of a future museum exhibit about life in 2023 and write a label for it. Tell us what it's called, where it came from and how it's used.
- What's in a Name?:** Pick a local place name — a town, a road, a lake, a mountain — and find out where it comes from. Ask your librarian or local historical society for help. Tell us which one you picked and what you learned.
- Running for Office:** Talk with an elected official. Why did they run for office? What keeps them going through challenging times? Do they get paid for their service? Tell us who you talked to and what you learned.
- Listen to the News:** Listen to a local news show or podcast from Vermont Public or another radio station. Tell us which program you chose and what you learned.
- Deed Search:** Go to your city or town hall and find the deed for a property that's meaningful to you. How old is it? How many people have owned it? Do you recognize any of the names on the deed? Tell us which property you chose and what you learned.
- The Social Dilemma:** Listen to the episode of *But Why: A Podcast for Curious Kids* titled: "Why Is Social Media So Addictive?" Teens might prefer to watch the Netflix docudrama "The Social Dilemma." Tell us which you chose and what you learned.
- Take Control:** Improve your ability to focus by managing your relationship to your digital devices. Do at least one of the suggested activities on the Take Control checklist from the Center for Humane Technology at [humanetech.com/take-control](http://humanetech.com/take-control).

## NEW THIS YEAR:



The library that helps the most K-8 students finish the Challenge and the library whose participants submit the highest quality work will each win a \$500 cash prize — funded by a grant from Vermont Humanities — to be used to promote civic-themed resources or programming.

## SHARE YOUR PROGRESS AND INSPIRE OTHERS!

- Upload high-quality photos of your work to [goodcitizenvt.com](http://goodcitizenvt.com). We'll publish the best entries in *Kids VT* and/or *Seven Days*.
- Spread the word about the Challenge by sharing your work with your community newspaper, either as a letter to the editor or as an article submission.
- You can also post about the Challenge on your neighborhood Front Porch Forum, or, if you're under 14, ask an adult to post for you.

### Challenge Organizers

SEVEN DAYS



### Underwriters



The Evslin Family Foundation



### Partners



front porch forum™  
HELPING NEIGHBORS CONNECT